

The Kickstand



January 2010 Issue

WWW.VMTAColumbusga.org

Editor & Publisher: John Fiske (706) 561-3543, email: jfiske1941@bellsouth.net

Next Business Meeting

January 11th, 2010 at 7:00 PM
Piccadilly's in Peach Tree Mall
Eat at 6:30 or earlier

Board Meeting

To Be Scheduled
As needed

Board of Directors

President: Johnny McRae

Tel: (706) 628-4486

Cell: (706) 527-3023

Vice-President: Clete Richardson

Tel: (334) 291-0055

Cell: (706) 289-0055

Ride Chairman: John Fiske

Tel: (706) 561-3543

Cell: (706) 392-6868

Treasurer: Susan Miller

Cell: (706) 615-3355

Secretary: Linda Cowell

Tel: (334) 448-4905

Public Relations: Art Murphy

Tel: (706) 569-6820

Cell: (706) 681-8336

Presidents Note

HO, HO, HO!!!

Wow, what a great Christmas party! Thanks for the great participation from everyone. Gifts were plentiful and laughter was everywhere, hmmm.... I think they were laughing at me,..... Oh, well.

I hope you were able to make the Toys for Tots ride or at least send a gift. This is a great Christmas program that really makes a difference in our community. Thanks to all that made the ride. We, also, had a great breakfast at IHOP in Phenix City. I think I ate all the leftovers from everyone at my table, well, at least Connie's. It is the perfect time of the year to share our love for everyone in the club as we celebrate Christmas together.

Don't forget the Polar Bear Ride to start the year off on the right foot, cold foot! Check the calendar for time and place and come have some fun and get a great meal out of the deal, too.

I thank all of you for your support and a great year as President. I look forward to another great year ahead. I ask you again for your support and hope that we can make our club even greater in the year ahead. The support of the club officers has been great and I hope every one of this years new members will find a home here and enjoy the great friendships available here at VMTA.

On behalf of the Valley Motorcycle Touring Association, I wish each of you a Merry Christmas and a Happy New Year!

God Bless, each and every one!

John McRae, President VMTA

Announcements

January Birthdays

4th - Sidney Martin
11th - Jerry Morehouse
17th - Jerry Boyd
17th - James Ingram
23rd - Leslie Smith
26th - John Delay

January Anniversaries

6th - Jackie and Altheia Hancock
6th - Myra and John Delay
8th - George and Gwen Carter
13th - Cal & Mary Herring
18th - Rich & Sallie Curtis

January & February Ride/Event Calendar



January 1st - Annual Polar Bear Ride – Will depart from the Williams Rd Shell station at 9:30 AM. Ride route and length will be determined by ride captain and strongly influenced by the weather. Stay tuned.

January 14th - Ezell's Catfish Cabin Meet there at 6:30.

January 22 – 24 Motorcycle Show in Norcross –at the North Atlanta Trade Center in Norcross. See www.northalantatradecenter.com/cycle for more information and to print a \$1 off coupon. Group ride details to follow.

January 28th – Movie & Poker Night – Proposed – stay tuned

February 13th – Valentines Day Dinner –

February 18th – Pats Back Waters – Ride will leave Williams Rd. Shell station at 6:30 PM.

February 21st – Crock Pot Supper -

CY 2010 Officers Elected

At the November meeting the following officers were elected CY 2010. Everyone needs to get behind them and support our club activities.

President – John McRae
Vice President – Clete Richardson
Treasurer – Susan Miller
Secretary – Linda Cowall
Ride Chairman – John Fiske
Public Relations – Art Murphy

Safety Message

WARMING UP TO COLD WEATHER RIDING

Winter can still mean good touring, once you know how to deal with it.

Here we are, now into the cold weather season. And for most of the country that means the touring season is over, with Gold Wings packed in storage for the next few months. But cold weather doesn't necessarily have to mean an end to your riding enjoyment. In fact, it can mean the start of a whole new season, filled with unique riding experiences you'll never forget.

The key to enjoying any cold weather activity is knowing how to dress in order to stay warm. This is especially important in motorcycle riding because of the high wind chill factors involved. Protecting yourself from the cold comes down to achieving simple objectives: (1) Keeping wind and moisture off of your body, and (2) keeping your body heat near your body.

One of the major ways to prevent wind and moisture is with a proper layer of outer clothing. It's imperative that you wear a good quality all-weather jacket and pants combo that are both wind and waterproof. Leakage of either wind or water can quickly rob you of body heat, turning your ride into a shivering ordeal.

In addition to your jacket and pants, you also need good all-weather insulated gloves, warm boots (preferably with rubber over boots), a scarf or neck warmer, and a full-face helmet. Be attentive to spots that allow wind to seep in; such as around the neck, face or wrists. The idea is to make sure there are no exposed areas of skin at all.

Just as important as keeping wind and moisture out is to keep your body heat in. This is the job of insulated clothing. The best way to retain body heat is to dress in loose-fitting, loosely woven layers. The layer approach achieves two purposes. It creates a larger area of still air near the body, which is what insulation is all about. Plus, layering makes it easy to adjust to changing temperatures by removing or adding to compensate for those changes. Remember, overheating and excessive sweating can defeat the whole purpose of the moisture-proof outer layer, because your body ends up soaked anyway.

The following is a good guide to follow in outfitting yourself for cold weather.

INNER LAYERS

- > Polypropylene or silk thermal underwear. These materials work better than cotton, because they don't absorb or hold moisture next to your skin.
- > Turtleneck shirt. Again, silk is a good choice
- > Wool sweater, Wool is a great insulator, even when damp.
- > Warm pants. Wool is best if you don't have insulated pants to go over them.
- > Wool or polypropylene socks. Two thin pairs work better than one thick pair.
- > An insulated vest or jacket. Or even better, an entire insulated touring suit.
- > An electrically heated garment could also be used, but it's a good to have backup clothing if you experience electrical problems.

OUTER LAYER

- > Helmet and face shield. Preferably a full face model.
- > Rain suit.
- > Scarf or neck warmer.

- > Insulated gloves. If these are not waterproof, then rain mittens are also necessary.
- > Warm boots with rubber over boots.

Dressed properly, you become a virtual pocket of warmth enjoying the ride. Being warm and cozy is what separates a pleasant winter ride from a white-knuckled endurance test.

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Christmas Party



Once again we owe a big thanks to the party planners for a great evening. There was fun, food, laughter and gifts for everyone. It was a great night.

Of course Bob once again won the High Mileage Award and John Fiske was awarded the John Delay Award. Roger was the lucky winner of the Ride Captain lottery while Johnny McRae received the perfect attendance award. All these members will receive free 2010 memberships.

That Time Again

It is time to remind all members that your yearly dues are payable anytime. The earlier you pay the better for the club. Dues are still \$20 for rider or \$30 for rider and significant other. Please make checks out to "VMTA" and mail to Susan Miller 529 Lee Rd 339, Salem AL 36874

For Sale By Member



2004 Honda VTX 1300 S
 12,000 miles
 Showroom clean.
 Lady owned and driven.
 Black and chrome, chrome, chrome!
 \$6,500
 Susan Miller
 706-615-3355

Gerbing Heated Clothing for Sale:

1 Mens electric vest (large) wired for gloves also.
 1 Set electric leather gloves (x-large) black.
 Wiring harness included along with Thermostat Temp Controller. \$190.00

1 ladies Gerbing electric jacket liner (medium) black.
 1 ladies Gerbing electric riding pants (medium) black.
 1 Set electric leather gloves (small) black.
 Wiring harness included along with Thermostat Temp Controller. \$365.00 (these would fit a small fellow like Clete)

1 Ladies Insulated Riding Suit (medium) black, made by Raven.....\$45.00

1 Mens Insulated Riding Suit (x-large) blue, made by Fieldmaster.....\$40.00

1 Mens Leather Chaps (3x-large) black.....\$40.00

If interested in any of the above, call George Carter 706-561-4175

VMTA Calendar of Events January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Polar Bear Ride Shell station at 9:30 AM	2
3	4	5	6	7	8	9
10	11 Business Meeting 7:00PM at Piccadilly's	12	13	14 Ezell's Catfish Cabin Meet there at 6:30.	15	16
17	18	19	20	21	22 Norcross M/C Show	23 Norcross M/C Show
24 Norcross M/C Show	25	26	27	28	29	30
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VMTA Calendar of Events February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Moultrie Swap Meet & Car Correl	6 Moultrie Swap Meet & Car Correl
7	8 Business Meeting 7:00PM at Piccadilly's	9	10	11	12	13 Valentines Day Dinner
14	15	16	17	18 Pats Back Water Shell station 6:30 PM	19	20
21 Crock Pot Supper	22	23	24	25	26 Daytona Bike Week begins	27
28						

