



# The Kickstand

July 2007

[WWW.VMTAColumbusga.org](http://WWW.VMTAColumbusga.org)

Newsletter Editor: John Fiske (706) 561-3543, email: [jfiske1941@bellsouth.net](mailto:jfiske1941@bellsouth.net)

## Business Meeting

**July 9th** at 7:00 PM  
Piccadilly's in Peachtree  
Mall  
Eat at 6:30 or earlier

**Board Meeting**  
To Be Schedule  
As needed

## Board of Directors

**President: Sid Martin**  
Tel: (706) 324-0775  
Cell: (706) 329-7555

**Vice-President: Paul Lujan**  
Tel: (706) 561-5445  
Cell: (706) 681-6030

**Ride Chairpersons:**  
**Roger & Susan Miller**  
Rogers Cell: (706) 402-7399  
Susans Cell: (706) 615-3355

**Treasurer: Mary Fiske**  
Tel: (706) 561-3543  
Cell: (706) 398-7147

**Secretary: Laura Avirett**  
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**Public Relations: Art Murphy**  
Tel: (706) 569-6820  
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## Presidents Note

### A message from Sid...

I was astounded and very dismayed when I heard from Mary and John how our motorcycle club stranded one of the bikes and the riders on a recent ride. I believe we've become much too lax and cavalier in our safety rules, our riding habits, and just plain courtesy. When I first began riding with VMTA years ago, we stressed our plans for the ride captain, the tailgunner, and the inexperienced or new riders, and those with no CB radio. This was as important to us as the formation and the destination, or maybe more important, when you think about it. To hear that the Cowalls were observed pulling out of formation and no one checked to find out why is unbelievable! Everyone behind should have been checking, trying to get them on the CB, informing John about the occurrence, and the tailgunner should have stopped to inquire after alerting John that he was pulling out of formation to do so. As your president, let me strongly remind you of your individual responsibility to the club, to the ride captain, and to each other. We must become more careful about our group safety and that of our fellow riders, and we must care about each other.

## Motorcycle Safety

### Sun Safety

This may sound a little crazy, but think about it if you are on your bike you are out side.

Did you know that skin cancer is the most common type of cancer in the United States! More than 1 million cases are diagnosed each year, and according to current estimates, almost 50% of Americans will have skin cancer at least once by the time they are age 65. Most people don't know that the sun's rays are strongest between the hours of 10am and 4pm.

You should always use a sunscreen with a minimum sun protection factor (SPF) of 30 or higher, and look for sunscreen that protects against both UV-A and UV-B sunrays. Always apply sunscreen at least 30 minutes prior to sun exposure. You should apply sunscreen as part of your daily routine, and do so generously for maximum protection. Remember wearing light colored clothing helps reflect the sunlight.

When out in the sun for long periods there several over the counter and home treatments for treating sun burns. To speed up healing time you can take vitamin C, Beta-carotene or eat foods high in beta-carotene, Vitamin E, and flaxseed oil.

(Continued on the next page)

## July & August Ride Calendar



July 12<sup>th</sup> - Johnny Carino's Meet there at 6:30 PM

July 14<sup>st</sup> - Picnic Ride - details to follow????????????

July 21<sup>st</sup> & 22<sup>nd</sup> - Titanic Display in Panama City Civic Center. Details to follow

July 26<sup>th</sup> - Music on Broadway Group ride down will depart Welcome Center Shell station at 6:30 PM.

July 28<sup>th</sup> - Hills & Dale in LaGrange Depart Welcome Center Shell station at 9:00 AM.

August 11<sup>th</sup> - Mid-night Ride to Albany. ??????????????????

## Long Term Planning Dates

September 15<sup>th</sup> Progressive Dinner

September 20 - 22 - Wings Over The Smokies

October 7<sup>th</sup> - Membership Cook-out

October 20 & 21 - Annual Shimp Peel in Panama City

October 27<sup>th</sup> - Ocillia Potato Festival

## Other Motorcycle Events

July 4 - 7<sup>th</sup> - GWRRA Wing Ding 29 in Billings Montana

July 26 - 28<sup>th</sup> -Honda Home Coming in Marysville, OH.

September 8<sup>th</sup> & 9<sup>th</sup> - Bikes on Broadway

Some common home remedies include:

**Aloe:** You can refrigerate the leaves, peel off the top layer of the leave and place directly on the burn. This can also be purchased in an ointment form.

**Baking Soda:** Soak in a bath of lukewarm water and half a cup of baking soda. Air-drying is best.

**Cucumber:** Slice a cucumber and apply directly to the sunburned area and rub gently into the skin.

**Tea:** Mint teas such as spearmint and peppermint teas are best. Brew several bags of tea; cool, then apply the tea directly to the burn.

**Yogurt:** Applying yogurt that contains active cultures can help aid in the redness and reduce pain.

**Apple cider vinegar:** Keep the skin moist by applying apple cider vinegar to the sunburn with a cotton ball.

**Ice:** To stop the burning sensation, apply ice directly to the sunburned area

Also don't forget that UV rays come from many directions. They radiate from the sun, but they also reflect from the ground, from water, snow, sand and any other bright surface. Eyewear that absorbs UV Rays gives you the most protection. All types of eyewear including prescription and non-prescription glasses, contact lenses and lens implants, should absorb UV-A and UV-B rays.

Remember a safe rider is a healthy rider.

*Paul*

## Announcements

### July Birthdays

15<sup>th</sup> - Sonja Boyd  
15<sup>th</sup> - Lora Atkins-Dick  
27<sup>th</sup> - Fred Manzer

### July Anniversaries

2<sup>nd</sup> - Bob & Marie Lee  
26<sup>th</sup> - Larry and Faith Mack  
28<sup>th</sup> - Cornelius and Leslie Smith

## Rainy Night In Georgia

You are reading this a month later, is the drought over? Doubt it, but we sure enjoyed a rainy drive down to Montezuma. We had a good turnout of club members for this dinner. Fred & Lucy were waiting there when we arrived. Food is always good and heard several members say they always order the same entrée. Desserts are great!



Maybe they (picture) are not Mennonites but you get the picture. We had George & Gwen, Cal & Mary, Sid & Peggy, John & Mary, Jackie & Althea, Frank & Sue, Clete, Bob, and guests. So ended up with 17 people for a very rainy afternoon.

Earlier in the day it was suggested we go away from the tropical storm into Alabama for dinner, but we would have had to leave from home in drizzle, so it was decided to take vans to the original destination. Had we gone west there was no rain at all.

*Bob S*

## Concord Café Brunch Ride

We had a lot of bikes show up for this good eating-place up in Pike County. Not too many had been there before but the reputation for some fine food had gotten around to our club members so we had a good turnout.



Was a very pleasant morning to head up back roads toward Manchester, then even smaller roads past the old satellite dishes of Georgia Tech up near the Flint River basin. The road needed some repair but it was shady and cool going up this stretch to #109/#74.

Roger & Susan lead up this day trip with John & Mary, Larry & Faith, Wayne, John, Bob, Randy, Smitty and his grandson. At the café Chris dropped in, coming from a vacation without a bike, so he was ready for a ride and some good southern cooking!

Our leaders had to get home for chores so took a more direct route back to the lake. As it happened, we almost beat them home because of a grass fire and detour. But the rest asked Bob to lead a more scenic ride back to town. Boy, did we ever get a ride with lots of training on how to make U-turns!



John Fiske had to show off that he could turn in a much smaller circle than most of the other bikes. We really need to practice this maneuver for the future. The latest Wing World

magazine shows a new competition on turning 135 degrees from parked - Wow!

Just one little missed road led us around in circles and down a dead end road to Sprewell Bluff State Park. A few noticed the picnic table and pull-off for the scenic view of the Flint River up on the hill, but no one said anything and it was a surprise when we saw the road end at the river. Lots of visitors were wading in the shallow riverbed.

We took a short break and some got ice cream from the truck parked there doing a great business on a hot afternoon. Then it was a more direct route back to town in order to bask in cool air-conditioning! Later the

weather reported that there was very little humidity but it sure felt hot out on the pavement late in the day. From the comments at the meeting everyone sure enjoyed the day and all the neat things we saw, while lost.

*Bob Smith*

## Motorcycle Camp-out

There's still the possibility of scheduling a three-day camp-out & ride in the mountains. Some thoughts are: we could stay at TWO in Suches, which has rooms to rent (\$35 per person double occupancy) as well as a mobile home if desired. If we go to TWO then we could leave in the afternoon on Friday if desired. If folks want to go to NC we can do that as well. The weekend of the July 14<sup>th</sup> looks to be the best schedule wise. If you are interested in this ride please contact Chris via email or phone.

## Motorcycle and Scooter Ride to Work Day

**Wednesday, July 18, 2007**

This year's sixteenth annual motorcycle and scooter commuting demonstration will increase the number of riders on the road, according to Ride to Work, a non-profit advocacy organization. "Riding to work on this day shows the positive value of motorcycles and scooters for transportation. For many people, riding is an economical, efficient and socially responsible form of mobility that saves energy, helps the environment and provides a broad range of other public benefits," states Andy Goldfine, the event organizer. Motorcycle and scooter enthusiasts and rider organizations worldwide should encourage their members to ride to work on this day.

## Yoders

It was Saturday, mid-afternoon and the sky was dropping sprinkles of water we have not seen in months. The phones began to ring with questions like; are you going, are you riding the bike or taking the car, should we maybe ride west to stay out of the rain, etc, etc.

At the appointed time seven cars showed up with fourteen occupants and it was decided that we would proceed to Yoders as scheduled. We climbed into five cars and under the leadership of Jackie it was off to Montezuma. There never was any heavy rain but it did rain the entire way.

Upon entering the dining room there we found Fred & Lucy who had just finished eating and were about to leave. They stayed and talked with us while we ate. As always the food was great and everyone enjoyed their meal.

After dinner, a few sat out on the porch rocking away in the cool evening air while others visited the gift shop. A few ventured into the bakery, coming out with some fine smelling baked goods to take home.

Even though we did not get to ride our bikes it was a fun Evening.

*John F*

## **FOR SALE BY MEMBER**

- Bra for 1800 Gold Wing with the gold logo on the front. \$50.
- 1980 Mercury Cougar Perfect shape, 18,000 miles Tan color, A/c, Ps. Pb, automatic, very small V-8 (225cu in) \$8000.

Call Bob Smith: home – 706-660-8524 or cell – 706-575-7932.

## VMTA Calendar of Events July 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 <b>Independence Day</b>	5	6	7
8	9 <b>Business Meeting</b> 7:00 PM at Piccadilly's in the mall	10	11	12 <b>Johnny Carino's</b> Meet there at 6:30 PM.	13	14 <b>Picnic Ride</b>
15	16	17	18	19	20	21 <b>Titanic Display</b> in Panama City Civic Ctr. Details to come
22	23	24	25	26 <b>Music on Broadway.</b> Depart Welcome Ctr Shell station @ 6:30 PM	27	28 <b>Hills &amp; Dale</b> in LaGrange. Depart Welcome Ctr Shell station @ 9:00 AM
29	30	31				

## VMTA Calendar of Events August 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11 <b>Mid-Night Ride ??????</b>
12	13 <b>Business Meeting</b> 7:00 PM at Piccadilly's in the mall	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	